



An analytical study of parental support towards physical education and sports

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ABSTRACT: Parental Support towards Physical Education and Sports is one of the most important contributions for larger participation and enhancement of better performance in sports events. The aim of the study stated as Parental Support towards Physical Education and Sports. The subjects for the study selected the parents of 4 schools from Jalpaiguri District in West Bengal. Total numbers of parents were 120. Dr. Shobha Nandanwana and Dr. Nimmi Asawa questionnaire was used as tools and materials for this study (parental support scale). They had to tick mark any one alternative from 3 choices given (Always, Sometimes and Never) which they found most appropriate in their case. Result showed that parental support towards the participation in physical education and sports are comparatively higher. Support and interactions between parents and School going Children include positive behavior towards participation in physical education and sport that their School going Children learn to be autonomous and successful in shaping their own lives through movements.

Keywords: Parental Support, Physical Education, Sports, school going boys & girls.

INTRODUCTION

Parental Support towards Physical Education and Sports is one of the most important contributions for larger participation and enhancement of better performance in sports events. Parents can make to the adolescents development greater the parents support. Greater the social competence (Self Esteem, Moral Behavior, Academic Achievement and Vocational Achievement). Support can be shown in several ways such as physical affection companionship and sustained contact.

Period of school going age is one of most crucial and critical as well. It is during this time, that teens struggle with their own identity. They are progressing into a period of maturation and development that is scary and uncertain. They need guidance and strong support features that come from their parents.

Children need their parents both for guidance and support during this crucial point in their life. He further indicated that parents by the strong foundation for the social skills and self roles which have long term impact on the teen's decisions and plans when they provide the emotional security which the Children needs.

Objective of the study

The research scholar was interested to undertake the study stated as “ Parental Support towards Physical Education and Sports.”

Significance of the study

Support and Interactions between parents and Children's include positive behavior towards participation in physical education sports, so that their teens learn to be autonomous and successful in shaping their own lives through movements.

Hypothesis

It was hypothesized that parental supports towards physical education and sports would be positive and hence encouraging.

Delimitations

- 1) The study was conducted only on the selected schools of Jalpaiguri District in West Bengal.
- 2) The study was conducted on 120 parents of the school going boys & girls of 4 schools in the district.
- 3) Two schools each from Government and two private were included for the study.
- 4) Address of parents was collected from the school registers of concerned schools.
- 5) Questionnaire of Dr. Shobha Nandewana and Dr. Nimmi Asawa (Udaipur) employed for collection of data.

Limitation

- 1) Received responses were considered correct which were absolutely dependent on the respondents.
- 2) There was no special motivational factor/device employed for collection of information.

Methodology

The researcher selected the parents of 4 schools of Jalpaiguri District in West Bengal. Total numbers of parents were 120, 30 parents from of each school



were selected for the study. The addresses of the parents were gathered from the sampled boys of school's record. The data were collected by administering the questionnaire Likhert technique.

Tools and Materials were used: Dr. Shobha Nandanwana and Dr. Nimni Asawa questionnaire was used as tools and materials for this study (parental support scale) **Collection of Data**

The data were collected by administering the questionnaire Likert Scale. Before administering the test, the rules and conditions of the test were made clear to the respondents. Their co-operation was also highly solicited. Parental support scale measures parental supports towards participation in physical education and sports prepared on Likert Scale, which based on 3 dimensions i.e. parental interest, parental behavior and resources provisions. It has 37 statements, out of these 37 statements 28 are scored as 3, 2, 1 in order favorably worded and rest 9 are scored as 1, 2, and 3 in order of no favorably worded. The parents were given the questionnaires and requested to duly fill it up with mutual consultation in the presence of investigator. They had to tick mark any one alternative from 3 choices given (Always, Sometimes and Never) which they found most appropriate in their case. Investigator had taken care of that no statement was left unanswered.

Scoring The filled up questionnaires were compiled and responses were categorically scored as per the key of the questionnaires. Each statement was set against a 3 point scale of ' Always' , ' Sometimes' and never.

Questionnaire

Section I – Parental Interest: It had 10 statements regarding companionship, sustained contact, helping schoolwork, communication, attending school events, having contact with teacher, understanding and listening to the School going Children's feelings, awareness towards their children's interests and friends out of these ten statements and are favorably worded and 2 are non favorably worded.

Section II – Parental Behavior: It had 17 statements dimensions regarding parents behavior in the form of child rearing practices which signifies warm in, acceptance, supervision, rejection, encouragement, endearment, helping in solving problem, decision marking and sharing from these 17 items 10 were positive statements and 7 were negative statements.

Section – III Resource Provision: It had 10 statements regarding provision of tangible resources i.e.. Material and monetary resources and non-tangible resources i.e.. Advice, guidance, social contacts and valued. All the 10 statements were favorably warded. The scale aims at giving overall degree of physical support through cumulative scores of its total section. Weighted score was assigned for each response opted. The scores obtained by each respondent for the 37 items were added.

Findings

Table I Section wise Parental Support Towards

Physical Education and Sports

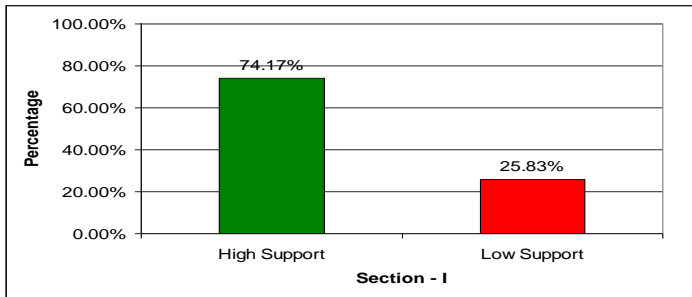
Total	Section I Parental Interest		Section II Parental Behavior		Section III Parental Provision		Over all	
	High Support	Low Support	H.S.	L.S.	H.S.	L.S.	H.S.	L.S.
120	89	31	70	50	85	35	98	22
Percentage	74.17	25.83	58.33	41.67	70.33	29.17	81.67	18.63

It is revealed from table-I that adolescents parental support towards physical education and sports in terms of parental interest is found to be high in (74.17%) where as to be low support is marked (25.33%), Section-II states that parental behavior has also been (58.33%) and 41.67% is low support. In section-III, parental provision reveals that (70.33%) are highly supported and 29.17% is lowly supported. However, overall high supported and low supported section wise observed to be 81.67% and 18.63% respectively.



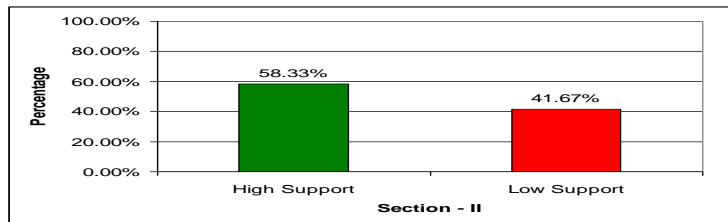


Graph-1 Information about High Support & Low support Shown in percentage (Section -1)



Graph 2

Information about High Support & Low support Shown in percentage (Section – 2)



Graph 3

Information about High Support & Low support Shown in percentage (Section – 3)

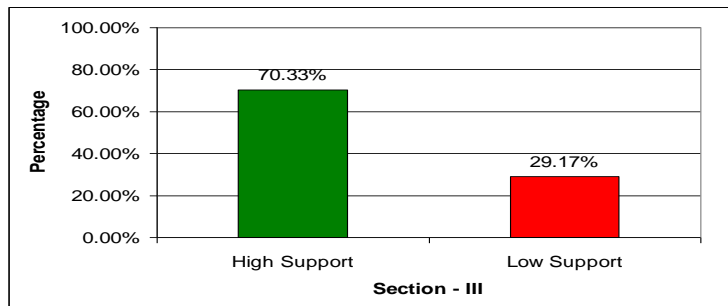


Table II

Table Shows Chi Square, Section wise Parental Support Towards Physical Education and Sports

	Section I	Section II	Section III	Total
Fo	89	70	85	244
Fe	81.33	81.33	81.33	
Fo	31	50	35	116
Fe	38.67	38.67	38.67	
Total	120	120	120	360



$$\sum x^2 = 7.66$$

$$\begin{aligned} \text{Tabulated } X^2 &= (r-1) (e-1) \\ &= 1 \times 2 = 2 \\ &= 5.99 \end{aligned}$$

The findings of table II reveal that the calculated x^2 value of 7.66 is higher than the tabulated x^2 value of 5.99 for the 2 degrees of freedom at 0.05 level, hence there is significant difference among the occurrence.

Discussion of findings

- ❑ From the findings of table 1 & 2 it is clearly understood that parental support towards the participation in physical education and sports are comparatively higher.
- ❑ From the findings of table I it is evident that support and interactions between parents and School going Children include positive behavior towards participation in physical education and sport that their School going Children learn to be autonomous and successful in shaping their own lives through movements.

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Discussion of Hypothesis

- ❑ In the beginning of the study it was hypothesized that School going Children’ s parental supports towards participation in physical education and sports would be positive and hence encouraging. Hence the hypothesis stated earlier is accepted.

Conclusion of the Study

Parents of School going recognize the value of sports.

Parents of school going children realize the importance of physical activity

Parents aware that physical activity can help their children in their enfoldment.

Academic load divers the parents’ interest.

Insecurity in the academic life establishment due to increase competition in all employment avenues diverted the parents’ interest from sports and physical activities.

